



**MUSLIM
CHARITY**



CYCLE BANGLADESH

BROCHURE

THE ITINERARY

DATE	DAY	ACTIVITY
FRIDAY 31 ST JAN	DAY 1	Arrival by 6pm. Briefing and Dinner
SATURDAY 1 ST FEB	DAY 2	Visit railway station and Tikana Shelter
SUNDAY 2 ND FEB	DAY 3 Cycle Day 1	Dawdkhandi to Cumilla
MONDAY 3 RD FEB	DAY 4 Cycle Day 2	Cumilla - Feni - Thakur Dighi (Bus to Chattogram)
TUESDAY 4 TH FEB	DAY 5 REST DAY	Rest Day / Ride with Chattogram Cycle Club
WEDNESDAY 5 TH FEB	DAY 6 Cycle Day 3	Chattogram Karnaphuli Bridge - Cox's Bazar Gate. Visit Dream Home.
THURSDAY 6 TH FEB	DAY 7 Cycle Day 4	Cox's Bazar - Teknaf (Bus back to Cox's Bazar)
FRIDAY 7 TH FEB	DAY 8	End of Tour. Return to Dhaka/Extend Stay



KEY FACTS

Registration Fee:

£499 - This includes all costs within Bangladesh (hotels, food, accommodation and airport transfers).

Fundraising Target:

£1,000 in aid of our Children of the World Campaign. We have been able to rescue thousands of children from the street where abuse and exploitation was all they have known.

What's not included in the registration fee:

International UK - Bangladesh return flights, visa fees, bike box & insurance.

FAQS

How do I register?

Visit muslimcharity.org.uk/cyclebd and click on "REGISTER"

Is this challenge just for the boys?

No. You can come as a mixed group or as a single-sex group but you must be a good cyclist with a good level of fitness.

Participants must be 18 years or older before the date of departure and be of good health to travel.

What kind of bike do I need?

You will need a road bike for this challenge. If you do not have one, please speak to us as we may be able to loan you a bike for this challenge.

What kind of hotel will we be staying in?

We will stay in comfortable 3-star hotels. These have been carefully selected for their service, comfort, and safety. All hotels have been vetted by our staff and evaluated by our volunteers on previous trips. We will let you know the exact hotels when we release the final itinerary 4 weeks before travel.

Will we have support while in Bangladesh?

The challenge is fully supported with expert staff on hand to advise, guide and support where required. We will also have a support vehicle should there be any breakdowns or emergencies that we need to deal with.

How do I transport my bike?

You will need to purchase or hire a bike box. These can be hired for approx. £100 for the journey or purchased for £300. Alternatively, you can take your bike in a cardboard box which if you ask nicely you will find near the recycle bins at Halfords. However, we do not recommend this method.

Please remember Muslim Charity is not responsible for any loss, damage or theft of your cycle during transport or taking part in this challenge.



For more info please visit muslimcharity.org.uk/cyclebd

or contact info@muslimcharity.org.uk or 020 7100 4930